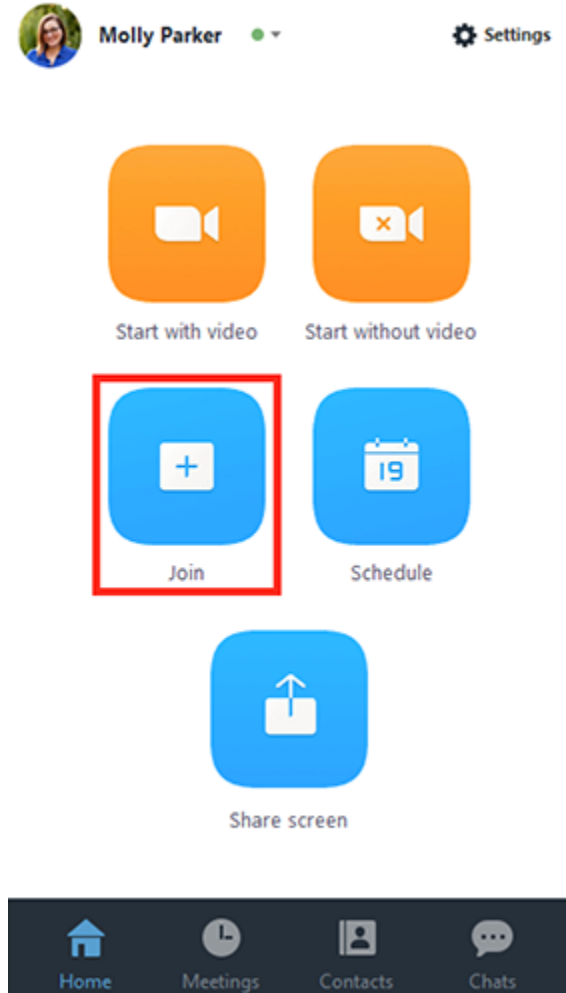# How to Join a Zoom Meeting from the Zoom Desktop and Mobile Application

1. Select **Join A Meeting** > **Join.**
    Note: You can join a meeting with or without signing in.

2. Enter the Meeting ID number and input your name. Also select if you would like to connect audio and/or video and select **Join**.