



## INTERNSHIP LEARNING PLAN

Name John Doe Phone 961-1111 Class Level:  Sophomore  Junior  Senior  
 Internship Conducted:  Fall  Spring  May Term  Summer Year: 2011 Hours/week 20 Start Date 02/01 End Date 05/01  
 Faculty Internship Supervisor: Don Evans Department: Psychology  
 Internship Site/Agency: Lake Medical Center Phone 515-754-4222  
 Site Supervisor Donald Thompson Title Child Therapist

It is recommended that two or more learning objectives be identified in each of the following categories with specific strategies for each objective. **Attach a separate sheet if you need additional space.**

- I. Academic Learning and Application (i.e. related to the ideas, concepts, or theories of your major or minor field(s) of study and ideas or concepts related to the liberal arts.)
- II. Skill Development (i.e. skills specific to your academic/major or an occupation, and/or general skills such as oral and written communication, critical thinking, organization, problem solving, decision making, leadership, interpersonal relationships, technical, computer, etc.)
- III. Personal Development (e.g. self-confidence, self-awareness, self-management, sensitivity and appreciation for diversity, clarification of work and personal values, career awareness and professional development, etc.)

<b>Learning Objectives</b> <i>(What I intend to learn)</i>	<b>Strategies</b> <i>(Specific processes for achieving my objectives)</i>	<b>Evaluation Methods</b> <i>(How my progress will be measured)</i>
1. To gain knowledge and experience with group therapy.  2. To observe and gain a better understanding of emotional/behavioral disorders, specifically ADHD, ODD, depression, and adjustment disorders.  3. Develop initial skills in administering and assessing ADHD, self-esteem, depression tests and evaluations.  4. To become a proficient case manager beyond therapist.  5. To identify key competencies in group therapy counseling and family therapy.  6. To gain an understanding of ways to form therapeutic relationships with the kids on the mental health unit.	1a. To observe group therapy sessions. 1b. To lead group therapy sessions. 1c. To gather materials and information from sessions. 1d. Interview supervisor and other co-workers. 2a. Interact with children in therapy. 2b. Find/read articles on the different disorders. 2c. Read case files of children. 2d. Review abnormal psychology book. 3a. Observe tests being administered and assessed. 3b. Administer tests. 3c. Review assessment textbook and notes. 3d. Talk with coworkers regarding tests. 4a. Observe group/family therapy sessions. 4b. Observe and give input into documentation, insurance dealings, case files, and discharge summaries. 4c. Interview co-workers. 5a. Observations of co-workers. 5b. Observe group therapy sessions. 5c. Lead group therapy sessions. 5d. Do research on child therapy and occupations. 5e. Gather materials used in group therapy sessions. 6a. Interact with children during playtime and therapy sessions. 6b. Research and read to become culturally and "population" aware.	1a. Write an insert describing experiences in group therapy. 1b. Written summary of interviews.  2a. Written reflective commentary of observation of children. 2b. Provide an annotated bibliography of pertinent articles. 2c. Include a case study or notes from a case study. 3a. Provide sample tests. 3b. Do an assessment write-up. 3c. Supervisor evaluation. 3d. Reflective summary on experience of assessment. 4a. Written commentary on observation. 4b. Written summary of case documentation. 4c. Supervisor evaluation. 4d. Interview notes from informational interviews. 5a. Journal reflections. 5b. Annotated bibliography. 5c. Summary of observations/interviews.  6a. Summary of interviews and observations. 6b. Collecting of materials and articles.

**Student:** I agree to carry out the objectives, strategies, and methods of the learning plan promptly and, to the best of my ability, fulfill my internship obligations.

Student signature \_\_\_\_\_ Date \_\_\_\_\_

**Site Supervisor:** I have read this learning plan and attest that its components meet the standards and expectations for an internship with my organization/company. I agree to conduct an evaluation of the student and to participate in a site visit by Simpson College if requested.

Site Supervisor signature \_\_\_\_\_ Date \_\_\_\_\_

**Faculty Internship Supervisor:** In my judgment, the learning objectives above constitute a valid learning experience worthy of academic recognition.

Faculty Internship Coordinator signature \_\_\_\_\_ Date \_\_\_\_\_

**Career Services Internship Coordinator:** In my judgment, the learning objectives described above constitute a valid experience and introduction to the world of work. I agree to work with the student and site supervisor to ensure that objectives, strategies, and methods of the internship are carried out.

Career Services Internship Coordinator signature \_\_\_\_\_ Date \_\_\_\_\_