

# SIMPSON COLLEGE

# HEALTH ENDORSEMENT PROGRAM

The Sport Science and Health Education Department offers a variety of opportunities for possible career choices in health and physical education. The health endorsement is designed to be an educational experience tied to the physical education major, which makes the graduate more marketable within the education profession. The endorsement is designed around the state teaching requirements and health national standards and allows the graduate opportunities to work in the classroom with students, grades K-12. The culminating experience is also student teaching within the secondary level. One of the outstanding entities of the health endorsement program is the ability to have a methods instructor who has been awarded the Iowa State Teacher of the Year Award, with superb teaching abilities and styles to pass along to our students. The health endorsement is strengthened with excellent faculty and experiences outside the classroom.

## **HEALTH, ADDITIONAL TEACHING AREA K-12**

### ***Endorsement #137***

#### **Required: (Hours)**

SpSc 107 Nutrition

SpSc 120 Functional Human Anatomy

SpSc 151 Foundations of Physical Education

SpSc 250 Personal Health and Wellness

SpSc 256 Health Promotion, Education, and Behavior **or** HSLD 110 Intro to American Health Systems

SpSc 308 Health Methods and Curriculum (with practicum)

Biol 104 Human Biology

Educ 388 Student Teaching

*All requirements from the education and sport science departments must be taken to fulfill the health endorsement requirements from the Iowa Department of Education.*